

GREENWorks

Ideas for a Cleaner Environment

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Happy New Year Making Eco-Friendly Resolutions

As people celebrate the holidays, there is a lot to consider as you wrap presents, decorate the tree and host parties. Recycling your wrapping paper, using dishes instead of paper or plastic plates and using LED lights are all simple ways to make the holidays a little more environmentally friendly. And once the visiting and celebrating settles, people usually start planning for the new year. Come January 1st, many people commit themselves to a new goal or project by making New Year's Resolutions. So this year, why not choose to make your resolution a green one and pledge to make a few eco-friendly changes. When asked, NHDES staff offered the following as some of their Green New Year Resolutions for 2015.

Fifteen Green Resolutions for 2015:

1. Stop throwing my gum out the window of my car. It isn't biodegradable. ~ Dolores
2. Compost, even in the winter when I have to trudge through the snow to get to the compost bin. ~ Jillian
3. To waste less food by buying only what I need, not what my stomach wants when I am at the grocery store. ~ Stacey
4. Washing my pick-up truck on my front-lawn to reduce stormwater runoff. ~ Linda
5. I plan to replace my 24- year-old clothes washer with an energy efficient ENERGY STAR model. ~ Jennifer
6. Enroll all my bills in electronic billing statements to reduce the paper copy coming in the mail. ~ Terri
7. As part of moving to a new house, I plan to recycle/donate as many things as I can and I am going to not be such a pack rat and donate items rather than pack them away. ~ Judy
8. To get my teenagers to habitually switch off electricity to lights and devices when they leave a room. ~ Heather
9. To have an energy audit performed on my home. ~ Mike
10. I plan to increase the number of miles commuted to work using human power versus internal combustion engine. ~Tom
11. To remind my adult children to wash their clothes in cold water when they come home on weekends bearing laundry. ~ Bethann

12. Purchase and install the water-saving automatic touch-free lavatory bathroom sink sensor faucet that is on my Christmas wish list. ~ Jennifer
13. Drink canned beverages; aluminum recycling provides more income to my town. ~ Sherry
14. To take part in more organized beach clean-ups and remove any trash we see at the beach each time we leave. ~ Jennifer
15. Increase our purchases of locally grown eggs and produce to reduce emissions associated with cross-country transport of food. ~ Steve

Share your **#GreenResolutions** with us on Twitter @NHDES. We'd love to hear the little things you plan to do to help our environment. Have a Happy New Year!

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